ESEC 450 Seminar: Educational Principles Exploring Movement Across the Curriculum Assignment

There are four parts to this assignment:

Part A: Kinesthetic Workshop

During the ESEC 450 mid-semester seminar at Keene State College, you are required to participate in the workshop *Exploring Movement Across the Curriculum* for elementary school classroom teachers. This workshop will explore a kinesthetic approach to teaching elementary school curriculum as a means for addressing the ACEI/NCATE standard 2.7 Physical Education. Drawing on kinesthetic perceptions of elementary aged students, you will learn how to integrate this "language" to help students develop affective, artistic, physical and cognitive areas of learning. A reflection of this workshop is required for Part A of this assignment. In your reflection please address the following:

- Describe yourself and your experiences as a kinesthetic learner
- How do you see the concepts of using the "language" of kinesthetic learning applied in your student teaching setting?
- Develop a brief action plan on how you might apply what you learned about kinesthetic teaching and learning in your student teaching setting
- Create a web that shows how you can integrate kinesthetic learning into the content areas of the curriculum being taught in your classroom, and into the social curriculum (affective areas).

Part B: Developing a Kinesthetic Lesson Plan

Drawing on your learning in the Kinesthetic Workshop, design a developmentally appropriate lesson plan that follows the KSC Student Teaching Lesson Plan Format and addresses the ACEI/NCATE Standard 2.7 Physical Education.

Part C: Assessing your lesson plan

Before you teach your kinesthetic lesson plan, share your plan with your classroom teacher and the Physical Education teacher in your school building. Document your discussion and learning in a one-page reflection. Your reflection should address the following:

- Is your plan developmentally appropriate?
- Have you included adaptations for specific students in your classroom (differentiated instruction)?
- Does your plan meet the "spirit" and the "language" of kinesthetic language and the **ACEI/NCATE Standard 2.7** Physical education?
- Is the experience (procedure) you plan to create for your students appropriate for learning the skills, knowledge and concepts articulated in your lesson plan?
- How will you know students have learned the skills, knowledge, and concepts articulated in your lesson plan? Do you have a kinesthetic assessment in your lesson plan?

Once you have shared your lesson plan with the Classroom teacher and the Physical Education teacher in your school building, make all of the revisions necessary and

include both your draft lesson plan and final lesson plan in your documentation for this assignment. Your final lesson plan will be a required artifact for your final teaching portfolio. This artifact will demonstrate your understanding and application of **ACEI/NCATE Standard 2.7 Physical Education** (presented at the end of this document).

Part D: Implementing your lesson plan

Implement your lesson plan then reflect on your experience by completing the KSC Lesson Plan reflection section. Be sure to focus on the impact your lesson had on student learning. This is your opportunity to demonstrate how you applied your learning from the workshop and addressed the ACEI/NCATE Standard 2.7 Physical Education in your teaching.

ACEI Standards Alignment

This assignment is designed to focus on ACEI Standard 2.7.

2.7 Physical education—Candidates know, understand, and use—as appropriate to their own understanding and skills—human movement and physical activity as central elements to foster active, healthy life styles and enhanced quality of life for elementary students.

Elements within the Standard:

- A. Candidates know and understand human movement
- B. Candidates know and understand physical activity
- C. Candidates use knowledge of human movement and physical activity to foster active, healthy life styles and enhanced quality of life for K-6 students